

Lesson	Week Beginning	Year 7
1	02 September 2024	
2	09 September 2024	Establishing and Managing Friendships
3	16 September 2024	Identifying and Managing Emotions
4	23 September 2024	Independent Travelling Safety
5	30 September 2024	Personal Safety and Basic First Aid
6	07 October 2024	Essential Skills
7	14 October 2024	What is CEIAG?
HT	21 October 2024	
8	28 October 2024	Skills and Qualities
9	04 November 2024	Identifying future careers aspirations
10	11 November 2024	Challenging Stereotypes: Careers
11	18 November 2024	
12	25 November 2024	Identity and Rights
13	02 December 2024	Bullying and Cyberbullying
14	09 December 2024	
15	16 December 2024	Challenging Stereotypes: Diversity
HT	23 December 2024	
HT	30 December 2024	
16	06 January 2025	Challenging Discrimination
17	13 January 2025	Being an Upstander (Response)
18	20 January 2025	
19	27 January 2025	The Importance of Sleep
20	03 February 2025	Having a Healthy Diet
21	10 February 2025	Personal Hygiene
HT	17 February 2025	
22	24 February 2025	FGM
23	03 March 2025	
24	10 March 2025	
25	17 March 2025	Developing Self Worth
26	24 March 2025	Types of Positive Relationships
27	31 March 2025	Relationships and Gender
28	07 April 2025	Challenging Stereotypes: Media
HT	14 April 2025	
HT	21 April 2025	
29	28 April 2025	Consent: Seeking and Communicating
30	05 May 2025	
31	12 May 2025	
32	19 May 2025	Roles of Citizens, Parliament and Monarchs
HT	26 May 2025	
33	02 June 2025	British Law
34	09 June 2025	Community Links
35	16 June 2025	Money Choices: Borrowing, Budgeting, Spending
36	23 June 2025	
37	30 June 2025	Critical Thinking: Social Media
38	07 July 2025	Critical Thinking: Role Models

Year 8
Learning How To Learn
Energy Drinks and their Dangers
Risks of Alcohol and Smoking
Risks of Vaping
Medicinal and Recreational Drugs
Work/Life Balance and Equality
Challenging Stereotypes: Pay Gap
Half 1
Types of employment
Goal Setting
Career Aspirations
Learning How To Learn
Influences on Beliefs and Decisions
Gender Identity
Global Issues: The Impact of Migration
Equality Act and Protected Characteristics
Half 2
Challenging Discrimination: Disability
Challenging Discrimination: Racism
Learning How To Learn
Challenging Stereotypes: Mental Health
Daily Wellbeing
Developing Resilience
Half 3
Healthy and Unhealthy Coping Strategies
Global Issues: Democracy
Learning How To Learn
Gender vs Sex
Consent: The Law
Sexting
Contraception
Half 4
Social Media and Online Grooming
Global Issues: Climate Change
Learning How To Learn: The
The Political System
Half 5
How Parliament Works
How The Justice System Works
Human Rights
Learning How To Learn: Politics
How Pay Deduction Works
Credit vs Debit

Year 9
Unit: Metacognitive Talk
Healthy and Unhealthy Friendships
Drugs, Alcohol and Vapes
Gang Culture
Knife Crime
Skills and Qualities
How to Demonstrate Strengths
Term
Managing Emotions in the Workplace
P16 Options
Navigating your Career
Unit: Revising for Exams
Types of Families
Types of Parenting
Information on the Real World
Positive Family Relationships
Term
Types of Conflict
Conflict Resolution Strategies
Learn: Modelling
Links Between Physical and Mental Health
Work Life Balance
Healthy Eating
Term
Influences on Body Image
Privacy Across The Globe
Unit: Literacy
Sexual Choices
Consent: Misconceptions, Capacity and Rights
STDs and Safer Sex
Relationships in the Media
Term
Sexual Risks of Social Media
Climate Change
Unit: Reflecting on Learning
Legal and Illegal Financial Activities
Term
Risk and Financial Activities
Cryptocurrency
Side Hustles and Their Dangers
Putting Everything Together
Living On Your Own
Types of Accommodation

Year 10	Lesson	Week Beginning
	1	02 September 2024
Adolescence: Managing Emotions	2	09 September 2024
Signs of Emotional and Mental Ill-Health	3	16 September 2024
Promoting Mental and Emotional Wellbeing	4	23 September 2024
Challenging Stereotypes: Misinformation	5	30 September 2024
Evaluating Strengths and Weaknesses	6	07 October 2024
Oppourtunities in Learning and Work	7	14 October 2024
	HT	21 October 2024
Responsibilities in the Workplace	8	28 October 2024
Managing Health and Safety	9	04 November 2024
Protecting Your Rights At Work	10	11 November 2024
	11	18 November 2024
Relationship Values and Positive Sexual Health	12	25 November 2024
Online Risks in Relationships	13	02 December 2024
	14	09 December 2024
Misconceptions in Relationships	15	16 December 2024
	HT	23 December 2024
	HT	30 December 2024
Consent: Manipulation and Co-Ercion	16	06 January 2025
Challenging Victim Blaming	17	13 January 2025
	18	20 January 2025
Role Models and Their Influence	19	27 January 2025
Misogyny, Toxic Masculinity and Its Impacts	20	03 February 2025
Media Portrayal of Gang Culture	21	10 February 2025
	HT	17 February 2025
Impact of Drugs and Alcohol on Others	22	24 February 2025
	23	03 March 2025
	24	10 March 2025
Inclusion and Belonging Within Communities	25	17 March 2025
Equality Act and Protected Characteristics	26	24 March 2025
Social Media: Influences on Beliefs and Opinions	27	31 March 2025
Challenging Discrimination	28	07 April 2025
	HT	14 April 2025
	HT	21 April 2025
Recognising and Responding to Radicalisation	29	28 April 2025
	30	05 May 2025
	31	12 May 2025
Electoral Systems	32	19 May 2025
	HT	26 May 2025
Budgeting, Saving and Debt	33	02 June 2025
Gambling and Debt	34	09 June 2025
	35	16 June 2025
	36	23 June 2025
Earning Your Money - Gross and Net Pay	37	30 June 2025
Saving Your Money	38	07 July 2025

Year 11
Learning How To Learn: Metacognitive Talk
Fertility
Ready for Parenthood
Unplanned Pregnancy
Forced Marriage
Menopause
Using Constructive Feedback
Half Term
Writing CVs and Personal Statements
Interview Technique
Maximising Employability Including Online
Rights and Responsibilities: Part Time
Learning How To Learn: Revising for Exams
Gender Identity and Sexual Orientation
Global Issues: The Impact of Misinformation on the Real World
Communication in Relationships
Half Term
Handling Unwanted Attention and Challenging Harassment
Relationships and Abuse
Unhealthy and Exploitative Relationships
Learning How To Learn: Modelling
Forms of Government
Improving Your Local Community
Half Term
Dealing with Complex Issues Within the Law
Global Issues: Climate Change
Learning How To Learn: Literacy
Screening and Self Examination
Cosmetic and Aesthetic Body Alterations
Perseverance and Procrastination
The Importance of Sleep
Half Term
Exam Stress Management
Global Issues: Climate Change
Managing Time Effectively
Learning How To Learn: Reflecting on Learning
Half Term
Exams